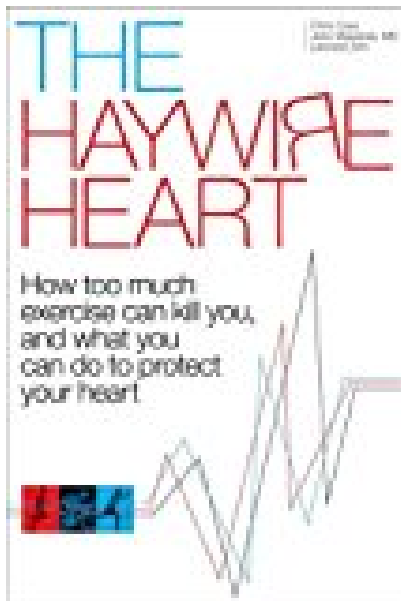


# The Haywire Heart How too much exercise can kill you and what you can do to protect your heart

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## BOOK SYNOPSIS

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